

RAINBOW MESSENGER DECEMBER, 2009



• **WALKING:** - In climate-controlled banquet room, twenty-five (25) laps equals a mile.



• **OUTSIDE WALKING TRAIL:** - Each lap equals 1/3 Mile.



• **FITNESS ROOM:**

Open for your convenience Monday – Friday from 8:00 a.m. to 3:45 p.m. (We ask that you please register at the front desk when using the fitness room.)



• **CARDS:** - Card tables available for your use on a daily basis.



• **BILLIARDS/POOL:** Pool tables available Monday – Friday from 8:00 a.m. to 3:45 p.m. except Wednesdays from 1:00 to 3:45 p.m.



• **COMPUTER LAB:** - The computer lab is available for your personal use daily. **FREE** computer assistance is available every Wednesday morning from 9:00 to 10:30 a.m. Ryan and Jack are here to assist you and answer your questions regarding computer. Come in and let them help you out!!

REGULAR SCHEDULED ACTIVITIES:



• **EXERCISE CLASS** meets Monday and Thursday mornings at 9:00 a.m. We meet in the Banquet Room. Our exercises are designed to help keep your joints limber.



• **TLC CLASS (Tender Loving Crafts Class):** Are you ready to try something new? We've got just the thing for you! Join the TLC (Tender Loving Crafts) Class at **9:00 a.m. Tuesdays** in the Craft Room. The studio fee is \$3.00 per session. Project supplies will be at cost. Stop by and see what we're making. Betty Hoffman is the delightful teacher who comes up with the various projects. This month's projects are:

- Dec. 1st**– Nativity Set
- Dec. 8th**– Tinsel Tree & Christmas Jewelry
- Dec. 15th**– Christmas Ornaments
- Dec. 22nd**– Christmas Party—Santa /Snowmen
- Dec. 29th**– Decoupage Totes



• **SINGING SENIORS:**

The Singing Seniors meet on Friday mornings at 10:00 a.m. at the Habig Center. They will be the entertainment for the Center's Christmas Party on Tuesday, December 1st. Their annual **caroling day is scheduled for Monday December 21st.** Everyone is invited to join them caroling. **Please meet at 9:00 a.m. at Brookside Village** to go caroling. We ask you to please let the Center know if you'll be caroling by **12:00 p.m. on Wednesday, Dec. 16th.** A break will be scheduled for lunch at the Habig Center for all those caroling with the Singing Seniors on Monday, December 21st.



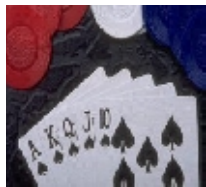
• **BINGO** will be held on Tuesdays, December 8th and 22nd beginning at **12:00 noon.** We ask you to keep bills to \$5 and under or correct change.

Thanks for your cooperation. Cost \$1.00 per card to play all 50 games and \$.25 to play in the two coveralls. Beginning at 11:30 a.m. someone will be there to collect.



• **QUILTING BEE** will be held on **Monday, December 14th from 9:00 a.m. to 3:00 p.m.** All quilters are welcome to attend and lunch will be provided. We appreciate all the quilting that you do for us!!

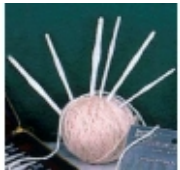
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• **CARD TOURNEYS:**

- **Thursday, Dec. 3rd**
Euchre Tourney
- **Thursday, Dec. 17th**
Sheephead Tourney

Games start at 12:00 (noon) and last till at least 3:00 p.m. \$1.00 entry fee is requested and prizes will be given away. Please sign up by 10:00 a.m. the morning of the tourney. **Euchre and Sheephead tournaments consist of 6 games each.** Hope you'll join us.



- **CROCHET CLUB:** Are you interested in: teaching others to crochet, learning to crochet, sharing patterns? What do you have in mind for our Crochet Club? We're trying to get more involved. We have had a couple of ladies interested in lessons and may have more in the future. Please give us your ideas for this activity. Also, what day is good for you?



- **BOOK CLUB:** will be held **Wednesday, December 2nd at 1:00 p.m.** The book we'll be discussing will be **"JUST TAKE MY HEART"** by Mary Higgins Clark. Come in to our book club to: join in the discussion on the book or to find out more information. We'd love to have more people join us. The January book will be **"CHASING THE BEAR"** by Robert B. Parker. This is a young Spenser novel.

- **SUNDAYS:** The Center will be open Sundays from 1:00 to 4:00 p.m. for your enjoyment. Thanks for offering to open the Center. We're still looking for volunteers to open on Sundays. Please call the Center at 482-4455 if you can open for us.

- **THE HABIG ROOM:** The Habig Room will be open for touring by appointments. Call the office at: 482-4455 to set up a time that is convenient for you. Thank you.



*******SPECIAL ACTIVITIES:*******

- **LUNCH BUNCH:** Your request for Pizza Hut is set for **Thursday, December 10th.** We will meet at **11:00 a.m.** when they open. As usual lunch is dutch treat. **Please call reservations in to the Center by 3:00 p.m. on Monday, December 7th.** Hope you can make plans to join us and visit with your friends.



• **RECIPE EXCHANGE:**

PARTY MIX:

Put in a 13 gal. white trash bag

1—Bag Sun Chips 13 oz. 1—Bag Cheetos 17 oz.
2—Bags Bugles (10 or 12 oz.) 1—Bag Pretzels 9 oz.
1—Bag Oyster Crackers 3—Cups Nuts
2—Bags Veggie Wheat Thins Garden Valley

1 Pkg. Hidden Valley Ranch Mix

1—Cup Oil

1—Teaspoon Dill Weed

1—Teaspoon Garlic Salt

Mix all ingredients and pour over first mixture.

Shake well, let stand for 4 or 5 hours.

Submitted by: Kathy Haas



BANANA OATMEAL COOKIES:

1-1/2 Cups Sifter Flour 1-1/2 Tsp. Cinnamon

1—Cup Brown Sugar 3/4—Cup Lard

1/2—Tsp. Soda 1—Egg

1—Tsp. Salt 1—Cup Mashed Bananas

1/2—Tsp. Nutmeg 1-3/4 Cups Oatmeal

1/2—Tsp. Cloves 1/2—Cup Raisins

Sift together flour, sugar, soda, salt, nutmeg, cloves and cinnamon. Cut in shortening, add bananas, egg, oats and raisins. Beat thoroughly and drop by teaspoon on ungreased sheet. Bake 10 minutes at 350°

Submitted by: Helen Schroeder

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- **Wii GAMES:** The Center has a Wii game hooked up to the television in the card room on the main floor. You will be able to play: Golf, Tennis, Bowling, Boxing or Baseball. The room can be reserved for Wii games by calling: 482-4455 ahead of time. Be sure to come in and give it a try as it is really fun to play!!

- **CORN HOLE:** Would you like to play Corn Hole? We'll have a corn hole game set-up in the banquet room for you on **Monday, December 7th at 1:00 p.m.** for you to play. We can play pairs or teams depending upon how many come in. Other times you'll be able to play in the lower level. Come in to find out how fun this game can be.

- **RAINBOW MESSENGER:** The Center's Newsletter will be available at the three (3) Center's (Older Americans, Huntingburg and Ferdinand) to pick-up free of charge. You can have the Newsletter mailed to you for \$7.00 a year. Be sure we have your address when paying for the 2010 Rainbow Messenger.

- **BIRTHDAY & ANNIVERSARY:** If you would like your birthday and/or anniversary to appear in the Newsletter, please let the staff know the month and day. Thank you!!



- **BOOMERAMA:** There will not be a luncheon in December, 2009 or January, 2010. See you in February.
- **TAX PREPARATION:** We need help for Tax Preparation Vita Program. If you can volunteer, please call the Center at: 482-4455.

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- **DECEMBER TRIP:** Derby Dinner Playhouse Trip is Tuesday, December 15th, leaving the Jasper Armory at 10:15 a.m.



- **CENTER'S CHRISTMAS PARTY:** Tuesday, December 1st, eat at 12:00 p.m. The afternoon will include entertainment by the Singing Seniors plus some prizes. Also, please make arrangements to car pool as we have a large crowd.

SUGGESTIONS: If you have any suggestions for activities or trips for 2010, please let the staff at the Center know. We will start to plan the 2010 calendar before long and could use your ideas and suggestions. Thanks for your help in advance

THE STAFF OF THE OLDER AMERICANS WITH THE
JASPER PARK DEPARTMENT WISHES
EVERYONE A HAPPY AND HEALTHY
HOLIDAY SEASON!!
WE HOPE TO SEE ALL OF YOU
AND YOUR FRIENDS
IN 2010.



- **CENTER CLOSING:** Thursday, December 24th and Friday, December 25th—for the Christmas Holiday. Have a very Merry Christmas.

Thursday, December 31st for New Years Holiday.
Happy New Year Everyone.



HAPPY DECEMBER BIRTHDAYS!!

1st Mildred Kavanaugh
3rd Alice Bockelman
3rd Marian Hopf
4th Louise Uebelhor
14th Mariemma Huebner
18th Bob Bohnert
20th Bonnie Schwartz
27th Ann Summers
27th Marjorie Lampert
30th Barney Moeller
30th Betty Stenftenagel

HAPPY DECEMBER ANNIVERSARIES!!

6th Mr. & Mrs. Leroy Welp
29th Mr. & Mrs. Alphonse Lampert

poinsettias